

Wise Root Somatics and Ayurveda, LLC

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## Privacy and Confidentiality Policy

Effective Date 6/12/2023

Everything that you share with me will remain confidential. I keep brief, descriptive notes in a HIPAA compliant EMR platform. I do not diagnose or analyze in my notes. My notes are to help me keep track of our general work together over time. All identifying information about your health history and personal demographic information and any record of your work with me is kept confidential, except as mandated by law. You must sign a release of information before any information about you is given to anyone, except as mandated by law.

### Limits of Confidentiality

A client's confidentiality cannot and will not be protected:

- if a client threatens bodily harm to self or others
- if there is indication of child/elder abuse
- if I am subpoenaed to testify in court

While my notes are not official psychotherapy notes, they are considered your health information. Although your records and session notes are the physical property Wise Root Somatics and Ayurveda, LLC, the information contained in your health record belongs to you. You have the right obtain a copy of your record/session notes.

Due to my notes not being official psychotherapy notes, they will not be recognized and cannot be used in official legal matters such as divorce or mandated treatment or insurance claims.

I hold the work that we do with integrity and sacredness. It is my policy to not testify in a court of law regarding our work together unless I receive a subpoena.

With the wonders of technology, we may be able to meet online in the case of travel, weather, illness, etc. Please know that, although unlikely to be hacked, online communications are never fully secure. Please be aware that you are entering into this format with awareness of its limitations.